

# **INTO THE NEXT NORMAL : PANIC ACADEMIC in the COVID-19 Pandemic**

## **Editor:**

Chee-Ming Chan  
Ismadiana Izika Albi  
Aqilah Rahman  
Fathiha Jalil

email:  
chan@uthm.edu.my

## **Abstract:**

Panic Academic in COVID-19 Pandemic, a collection of personal stories by 34 students from the class of Site Investigation (Semester 1 Session 2011/22), Faculty of Engineering Technology, UTHM. The illustrious stories tell of the students' experiences, reflections and expectations throughout the pandemic lockdown period, which left a significant impact on their memories, studies and lives. Here we share their laughter, tears, doubts and uncertainties, but above all we find HOPE in their individually unique stories. Like a phoenix rising from the ashes, the hero or heroine in each story has certainly come out of the chaotic situation brought on by the COVID-19 pandemic better, stronger and more prepared to face the ever changing world.

keywords: COVID-19 Pandemic



**INTO THE NEXT NORMAL**

# **PANIC ACADEMIC**

*in the COVID-19 Pandemic*

**EDITORS**  
CHEE-MING CHAN  
ISMADIANA IZIKA ALBI  
AQILAH RAHMAN  
FATHIHA JALIL



**Penerbit  
UTHM**



© Penerbit UTHM  
First Published 2022

Copyright reserved. Reproduction of any articles, illustrations and content of this book in any form be it electronic, mechanical photocopy, recording or any other form without any prior written permission from The Publisher's Office of Universiti Tun Hussein Onn Malaysia, Parit Raja, Batu Pahat, Johor is prohibited. Any negotiations are subjected to calculations of royalty and honorarium.

Perpustakaan Negara Malaysia      Cataloguing - in - Publication Data

INTO THE NEXT NORMAL : PANIC ACADEMIC in the COVID-19  
Pandemic / EDITORS CHEE-MING CHAN, ISMADIANA IZIKA  
ALBI, AQILAH RAHMAN, FATHIHA JALIL.

ISBN 978-967-0061-08-5

1. COVID-19 (Disease)--Anecdotes.
2. COVID-19 Pandemic, 2020---Anecdotes.
3. College students--Anecdotes.
4. Government publications--Malaysia.

I. Chan, Chee-Ming. II. Ismadiana Izika Albi.  
III. Aqilah Rahman. IV. Fathiha Jalil.  
808.882

Published & Printed by:  
Penerbit UTHM  
Universiti Tun Hussein Onn Malaysia  
86400 Parit Raja,  
Batu Pahat, Johor  
Tel: 07-453 8529 / 8698  
Fax: 07-453 6145

Website: <http://penerbit.uthm.edu.my>  
E-mail: [pt@uthm.edu.my](mailto:pt@uthm.edu.my)  
<http://e-bookstore.uthm.edu.my>

Penerbit UTHM is a member of  
Majlis Penerbitan Ilmiah Malaysia  
(MAPIM)

# TABLE OF CONTENTS

<i>Preface</i>		<i>xiii</i>
<i>Prologue</i>		<i>xv</i>
<b>1</b>	My Experience During Quarantine with My Family <b>by Albright Lim</b>	1
<b>2</b>	My New Hobbies during the Pandemic <b>by Chong Wei An</b>	3
<b>3</b>	My New Hobbies during the Pandemic <b>by Koo Jun Jian</b>	5
<b>4</b>	How I Turned My Gardening Hobby into a Business Opportunity <b>by Moses Agan Molarn</b>	7
<b>5</b>	Birth of a New Hobby During the Pandemic <b>by Muhammad Hazman Shafiq Roszanihar</b>	9
<b>6</b>	Living Through the Pandemic <b>by Nor Iman Fatihah Soiful Bahri</b>	11
<b>7</b>	What Did I Do During the COVID-19 Lockdown? <b>by Nurul Aleya Rostam Affandy</b>	13
<b>8</b>	Experience During PKP <b>by Muhammad Imran Shah Ahmad Sabri</b>	15

<b>9</b>	My Daily Life As a Student During the Lockdown <b>by Norhisham Noor Azmi</b>	16
<b>10</b>	New Hobby During MCO <b>by Aisah Tea Tso Bing</b>	18
<b>11</b>	The Challenges I Met During Lockdown <b>by Tan Hui Min</b>	20
<b>12</b>	My World in Pandemic: Paused <b>by Aina Adlina Ramudin</b>	22
<b>13</b>	My Feelings During Pandemic <b>by Siti Nur Fathiha Abdul Jalil</b>	25
<b>14</b>	Developing a New Hobby in Video Filming and Editing <b>by Nur Ismadiana Izika Albi</b>	27
<b>15</b>	My Life During the COVID-19 Pandemic <b>by Nurulaqilah Abdul Rahman</b>	30
<b>16</b>	Pandemic <b>by Abdul Rahman Suhaimi</b>	32
<b>17</b>	Challenge During the “Pandemic Learning” <b>by Raihanah Md Rasdi</b>	33
<b>18</b>	Myself During the Lockdown <b>by Nur Aisyah Nabilah Omar</b>	36
<b>19</b>	My Pandemic Story <b>by Aiman Ilyas Adehasuzra</b>	38

<b>20</b>	Unexpected Hobby During the Pandemic by <b>Akmal Daniel Nurhakim 'Azman Putera</b>	40
<b>21</b>	My Hobby During the Pandemic by <b>Hanis Aqilah Mohd Khairi</b>	42
<b>22</b>	My Lifestyle During COVID-19 Pandemic by <b>Arisya Sofea Mohamed</b>	44
<b>23</b>	Studying During Pandemic: Yeah, Life is Great! by <b>Muhamad Haziq Abdul Muti</b>	46
<b>24</b>	Studying During the Pandemic by <b>Arief Firdaus Bakhary</b>	48
<b>25</b>	Experience During the MCO by <b>Ahmad Syamir Kamaruzzaman</b>	50
<b>26</b>	Student Life In the COVID-19 Era by <b>Danial Mustafa</b>	52
<b>27</b>	Life in the Age of COVID-19 Pandemic by <b>Tengku Muhamad Akmal Tengku Yusoff</b>	54
<b>28</b>	Syahirah's New Hobby by <b>Nur Syahirah Mohd Zolkfali</b>	56
<b>29</b>	Liyana's New Hobby by <b>Nur Liyana binti Jaffar</b>	58
<b>30</b>	Experiences During MCO by <b>Syahira Ahmad</b>	60

<b>31</b>	Experience During the COVID-19 Pandemic by <b>Muhammad Amir Fikri Azmi</b>	62
<b>32</b>	Business During the Pandemic by <b>Ezatul Syazwana Turiman</b>	64
<b>33</b>	How COVID-19 Affected Me by <b>Farah Aisyah Abd Kahar</b>	66
<b>34</b>	Developing a New Hobby During the Pandemic by <b>Siti Balqis Mod Razi</b>	68

## ABRIDGEMENT

<b>Group 1</b>		
	Albright Lim, Chong Wei An, Koo Jun Jian, Moses Agan Molarn	72
<b>Group 2</b>		
	Muhammad Hazman Shafiq Roszanihar, Nor Iman Fatimah Soiful Bahri, Nurul Aleya Rostam Affandy	73
<b>Group 3</b>		
	Muhammad Imran Shah Ahmad Sabri, Norhisham Noor Azmi, Aisah Tea Tso Bing, Tan Hui Min	74

**Group 4**

Aina Adlina Ramudin, Siti Nur Fathiha Abdul Jalil, Nur  
Ismadiana Izika Albi, Nurulaqilah Abdul Rahman 75

**Group 5**

Abdul Rahman Suhaimi, Raihanah Md Rasdi, Nur  
Aisyah Nabilah Omar 76

**Group 6**

Aiman Ilyas Adehasuzra, Akmal Daniel Nurhakim  
'Azman Putera, Hanis Aqilah Mohd Khairi, Arisya Sofea  
Mohamed 77

**Group 7**

Muhamad Haziq Abdul Muti, Arief Firdaus Bakhary 78

**Group 8**

Ahmad Syamir Kamaruzzaman, Danial Mustafa,  
Tengku Muhamad Akmal Tengku Yusoff, Nur Syahirah  
Mohd Zolkfali, Nur Liyana binti Jaffar 79

**Group 9**

Syahira Ahmad, Muhammad Amir Fikri Azmi, Ezatul  
Syazwana Turiman, Farah Aisyah Abd Kahar, Siti Balqis  
Mod Razi 80

*Synopsis* 81

*Bibliography* 83



# PREFACE

*Panic Academic in COVID-19 Pandemic*, a collection of personal stories by 34 students from the class of Site Investigation (Semester 1 Session 2011/22), Faculty of Engineering Technology, UTHM. The illustrious stories tell of the students' experiences, reflections and expectations throughout the pandemic lockdown period, which left a significant impact on their memories, studies and lives. Here we share their laughter, tears, doubts and uncertainties, but above all we find HOPE in their individually unique stories. Like a phoenix rising from the ashes, the hero or heroine in each story has certainly come out of the chaotic situation brought on by the COVID-19 pandemic better, stronger and more prepared to face the ever changing world. Let's turn the pages and relive their adventure...



# PROLOGUE

Living through the global COVID-19 pandemic is tough for everyone, especially for university students who encounter various constraints and challenges throughout the lockdown or movement restriction period. Logistic-wise, students need conducive physical learning to set up internet-based devices. This may not always be readily available at home. Students also need to fulfil duties as family members while studying remotely, which could be in conflict with the academic timetable. Besides, students need to manage and cope with the emotional upheaval and stress brought forth by the new norms of learning and living. This is often associated with remote learning impeded by disrupted internet connection, the additional workload of independent learning, and homework both in individual and group forms. Limitations on teamwork and peer support are found to be major issues with online learning, where students seek to adapt to the virtual organisation of assignments, projects, and team coordination.

This book is a collection of the students' stories, as told by 34 students of Site Investigation (Semester 1 Session 2011/22), regaling us with their observations, experiences, personal challenge, and most importantly, growth and maturity gained throughout the 2-year pandemic era.

Let's hear this out: Their side of the story.



# SYNOPSIS

This is a collection of personal stories by 34 students from the class of Site Investigation (Semester 1 Session 2011/22), Faculty of Engineering Technology, UTHM. *Panic Academic in COVID-19 Pandemic*, these are stories of love, fear, courage, and resilience as told by the students living through the COVID-19 pandemic era. Let's hear them out: On how they turned the rather 'panicky' situation into a fruitful and positive one, emerging stronger and more prepared for the fast-changing future, if not the present.

# Bibliography

Bhaskaran, K. (1991). Meditation from a mental health prospective.  
*Indian journal of psychiatry*, 33(2), 87.

Henderson, B. J. (2022). Poem about the Value of a Family, About My Family. <https://www.familyfriendpoems.com/poem/about-my-family>

Keep Going By Edgar Guest, Famous Inspirational Poem. (2022). Family Friend Poems. <https://www.familyfriendpoems.com/poem/keep-going-by-edgar-guest>

INTO THE NEXT NORMAL

# PANIC ACADEMIC

*in the COVID-19 Pandemic*



This is a collection of personal stories by 34 students from the class of students of Site Investigation (Semester 1 Session 2011/22). Faculty of Engineering Technology, UTHM. Panic Academic in COVID-19 Pandemic. These are stories of love, fear, courage, and resilience as told by the students living through the COVID-19 pandemic era. Let's hear them out: On how they turned the rather 'panicky' situation into a fruitful and positive one, emerging stronger and more prepared for the fast-changing future, if not the present.

  
Penerbit  
UTHM

ISBN 978-967-0061-08-5



0 2 9 0 0

9 789670 061085

For more information,  
please scan the code

